

## Health History

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_

Reason for Today's Visit: \_\_\_\_\_

When did, this problem start? \_\_\_\_\_

**Health History** Please check all that apply.

### *Cardiovascular (Heart)*

- Arrhythmia (Atrial Fibrillation)  Thrombosis (Blood Clotting)  Carotid Artery Disease
- Congestive Heart Failure (CHF)  Coronary Artery Disease  Deep Vein Thrombosis (DVT)
- Hypertension  Myocardial Infraction  Peripheral Vascular Disease  Superficial Phlebitis
- High Cholesterol

### *Pulmonary (Lung)*

- Asthma  Chronic Bronchitis  COPD  Pneumonia  Pulmonary Embolism  Pulmonary
- Hypertension  Sarcoidosis  Emphysema  Sleep Apnea (CPAP Yes\_\_\_\_ No\_\_\_\_)

### *Gastrointestinal*

- Cholestasis (Gallstones)  Cirrhosis  Colon Polyps  GERD  Hepatitis  Irritable Bowel Disease
- Pancreatitis  Diverticulitis

### *Renal/Genitourinary*

- Acute Renal Failure  Chronis Renal Failure  Benign Prostatic Hypertrophy  End Stage Renal Disease
- Endometriosis  Erectile Dysfunction  Glomerulonephritis
- Polycystic Kidney Disease  Renal Stones  Urinary Incontinence  Urinary Tract Infections

### *Musculoskeletal/Connective*

- Chronic Pain  Fibromyalgia  Fracture(s)  Gout  Osteoarthritis  Osteoporosis  Lupus
- Rheumatoid Arthritis

### **Endocrine**

- Type 1 Diabetic  Type 2 Diabetic  Hyperthyroidism  Hypothyroidism

Are you insulin dependent? \_\_\_\_\_ Are you on Metformin? \_\_\_\_\_

### *Neurological*

- Alzheimer's Disease  Dementia  Cerebral Vascular Disease (Stroke)  Headaches, Migraine
- Headaches, Tension  Headaches, Sinus  Parkinson's Disease  Seizure Disorder  TIA (mini-stroke)

**Allergies**

Seasonal    Eczema    Chicken Pox    Psoriasis    Sinusitis, frequent

**Drug/Food Allergies**

Shellfish    Iodine    Latex    Contrast    Benadryl

Other: \_\_\_\_\_

**Cancer**

Bone Cancer    Brain Cancer    Colon Cancer    Hepatic Cancer    Leukemia    Lung Cancer  
 Lymphoma    Melanoma    Pancreatic Cancer    Renal Cancer    Skin Cancer    Testicular Cancer  
 Thyroid Cancer    Breast Cancer   Other: \_\_\_\_\_

**Other**

Cataract (Right   Left   or Bilateral)    Glaucoma

**Are you currently on Dialysis? Please Circle**

Yes or No   What days do you have dialysis? **M T W T H F S**   How long have you been on dialysis? \_\_\_\_\_

**Family History:** Check if applicable and list family member's relationship to you.

Aortic Aneurysm \_\_\_\_\_    High Blood Pressure \_\_\_\_\_    Stroke \_\_\_\_\_  
 Cancer \_\_\_\_\_    Brain Tumors \_\_\_\_\_    Migraine \_\_\_\_\_  
 Epilepsy \_\_\_\_\_    Brain Hemorrhage \_\_\_\_\_    Asthma \_\_\_\_\_  
 Allergies \_\_\_\_\_    Diabetes \_\_\_\_\_    Heart Disease \_\_\_\_\_  
 Varicose Veins \_\_\_\_\_    Other \_\_\_\_\_

**Social History**

Have you ever smoked/chewed tobacco?  Yes    No If yes, how much per day? \_\_\_\_\_ When did you quit? \_\_\_\_\_

Have you ever taken any drugs not prescribed by a physician?  Yes    No   What? \_\_\_\_\_

Do you consume alcohol?  Yes    No   If yes, how much per week? \_\_\_\_\_

Do you use caffeine?  Yes    No   How much per day? \_\_\_\_\_ What type? Coffee   Tea   Soda   Chocolate

Do you exercise?  Yes    No   How often? \_\_\_\_\_ What type of exercise? \_\_\_\_\_

Are you currently employed?  Yes    No   Occupation: \_\_\_\_\_

Are you currently disabled?  Yes    No   If yes, please explain: \_\_\_\_\_

